

FLU / PNEUMONIA TIME



It is that time of the year when everyone needs to start thinking about the flu and pneumonia vaccinations. The Health Department is now offering the flu and pneumonia vaccine.

Some guidelines:

FLU – 6 MONTHS AND OVER

PNEUMONIA – 65 AND OVER OR HIGH RISK INDIVIDUALS. (THOSE WITH CHRONIC ILLNESSES; WHICH INCLUDES SMOKERS AND ALCOHOLISM.)

TETANUS – EVERY TEN YEARS. RULE OF THUMB: IF YOU CAN'T REMEMBER WHEN YOU LAST HAD A TETANUS SHOT, YOU GET ONE.

****IT IS VERY IMPORTANT THAT ALL PERSONS 11 YEARS AND OVER HAVE HAD A LEAST ONE T-DAP VACCINE; WHICH CONTAINS THE WHOOPING COUGH. THIS PROTECTS OUR YOUNG BABIES WHO HAVE NOT DEVELOPED PROTECTIONS FROM THIS DISEASE. *****

SHINGLES – 65 AND OVER.

You can either make an appointment to receive the immunizations or come to the clinic and let the Registration Clerk know you want to receive one of these shots. PLEASE, PLEASE, if you receive these immunizations somewhere other than the Health Department, call and let us know, so we can enter this information into the IHS system. Remember HELP US HELP YOU.

Any questions, please

Contact Sandra Day at (251) 368-9136 x 2315 or Carrie Martin at (251) 368-9136 x 2374.