

RECREATION'S WEIGHT ROOM HAS BEEN REVAMPED AND HAS NEW AGE LIMITS

The Recreation Department has revamped the weight room all the way from new equipment to new age limits.

Our new rules are:

- Anyone 13 - 15 years of age can use the weight room; parent or guardian must sign them in and accompany them to the weight room.
- Underage guest must leave the weight room when the parent or guardian leaves the weight room.

Come see us at Poarch Recreation
For all your fitness needs!

For more information please contact the
Recreation Department at
(251) 368-9136 x 2256

