



## Poarch Band of Creek Indians

# Memo

**To:** ALL HOMEBOUND/CONGREGATE PARTICIPANTS  
**From:** SENIOR SERVICES DEPARTMENT;  
CAROLYN DORTCH  
**Date:** July 16, 2015  
**Re:** HOMEBOUND/CONGREGATE LUNCHES

### CONGREGATE MEALS

Monday through Friday- Meet your friends and make new ones as you join us for a delicious and nutritious meal. The food is prepared and cooked at the Senior Center for all seniors over 55 years of age. Reservations should be made up to 9 AM of the day you plan to eat at the Center if you are not a regular participant. Call 251-368-9136 ext. 2802

**Reminder: The Senior Center does NOT allow grandkids to come visit for lunch. This program is ONLY for seniors 55 and older. If you have any issues that you need clarification on, please do not hesitate to seek one of our staff members.**

### HOMEBOUND MEALS

Provides home delivered meals to those who are home-bound. Home-bound seniors can have a well-balanced meal delivered five days a week; the same menu is served at the Senior Center. Our transportation drivers will carry the meal into your kitchen or hand it to you at the door, whichever you prefer.

**However, if you get a homebound lunch and decide that you would like to visit the Senior Center on any particular day. Please call and notify us by 9am. This is so we do not bring you a home delivered lunch that day. We will not allow homebound participants to receive a lunch twice.**

The Poarch Creek Senior Center is open to senior citizens, 55 years and over, from Poarch and area communities. The Poarch Creek Senior Center is dedicated to helping seniors in various ways. If you have any questions, or would like to know more about our services and programs, please feel free to call, come by or send an email. The Center is open Monday through Friday 8:00AM - 5:00PM.

SENIOR CENTER DIRECTORY-  
CAROLYN DORTCH- DIRECTOR EXT. 2288 [cdortch@pci-nsn.gov](mailto:cdortch@pci-nsn.gov)  
CASEY WALKER- ADMINISTRATIVE ASSISTANT EXT. 2289 [cwalker@pci-nsn.gov](mailto:cwalker@pci-nsn.gov)  
KITCHEN- EXT. 2802  
DINING ROOM- EXT. 2803